Psychotherapy Payment Agreement

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, agree to meet with Alison Nightingale LPC \_\_\_ times per week and understand that the full fee for cash sessions is $155. My sessions will last 60 minutes. **I am aware that any cancellations of appointments must be made more than 24 hours before my appointment, unless it is an emergency and of I do not cancel or do not show up, I will be charged the full fee of that appointment.** I agree to be financially responsible for the cost of treatment.

I am aware that Alison Nightingale LPC raises her rate $5 each year to account for inflation. She will give me advanced notice of this increase and I have the right to decide that I do not want to continue therapy at the increased rate. This document applies to future, informed, rate increases.

Each additional 15 minutes of session time after the first 50 is charged at a rate of $40.

Occasional phone calls and check ins lasting less than 10 minutes are not charged for. Phone calls with Alison Nightingale LPC lasting longer than 10 minutes are charged at a rate of $40 for each 15-minute increment.

I agree to pay a $40-dollar fee should any check I write for a session payment be returned or bounce.

I agree to pay $285 per hour for any time Alison Nightingale LPC may spend on court time (portal to portal) and a pro-rated fee of $185 per hour for managing documents related to such court needs.

I agree to pay for services, including co-pay, at the time services are rendered unless other arrangements have been made.

If using insurance to pay for psychotherapy, I agree to keep my insurance information current with Alison Nightingale LPC. If I do not keep this information current and Alison Nightingale LPC is unable to receive payment for services rendered, I will be financially responsible.

If I lose my insurance coverage I have a two-session grace period to establish insurance again or to make a transition to a new mental health provider or service that can help me in the interim.

I understand that my session time is mine alone and that when I miss sessions, Alison Nightingale LPC would only rarely be able to fill that time with another client. If I need to miss sessions I will try to reschedule for the same week. If I miss more than two sessions every 12 weeks without making advanced arraignments, Alison Nightingale LPC may not be able to continue to hold my session day and time for me alone. Missing therapy session often may result in Alison Nightingale LPC referring me elsewhere for treatment and ending treatment with me.

**I understand and agree with the above information.**

Signature of Client Date